



# Atlanta Technical College Student Assistance Program

Atlanta Technology College has contracted with ESPŶR to provide students and their eligible family members with a comprehensive Student Assistance Program (SAP) that is free and confidential, within the bounds of the law. The SAP is available and easily accessible 24/7/365 and provides the following services.

## Work-Life

- **Legal** consultation provided by attorneys. Simple Wills prepared at no cost. 24 emergency services, consultation with a mediator, consultation with a fraud/ID theft specialist are also included. A 25% discount off the mediator or attorney fees for services rendered beyond the SAP.
- **Financial** consultation regarding debt matters, investment options, money management, tax preparation and consultation and retirement planning. Financial personnel services are discounted at 25% as are CPA tax preparation fees.
- **Child care** information and referrals for all types of child care, as well as camps and schools
- **Elder care** services to assess elder care needs, locate resources and arrange referrals
- **Adoption** specialists share information, organize and arrange referrals for all stages of this process.
- **Academic** resources including customized profiles of kindergarten through graduate school. College planning guidebooks are available. Referrals to tutors are available.
- **Pet care** services that offer referrals to breeders, groomers, walkers, sitters, kennels, vets, and pet publications.
- **Special needs** services and referral to assess employee needs, educate, and make referrals for various special needs affecting employees and their families such as heart disease, ADHD, disabilities, diabetes and more.
- **Daily Living and Concierge** resources that provides referrals such as for home improvement resources, cleaning services, travel information and more.
- **Relocation** services and referral information provided to employees who are moving. Referrals include moving companies, housing options, utility companies, schools and more.

## Counseling Services

- Up to 4 sessions, per problem for face-to-face counseling and referral for a full range of personal, family and work concerns. Counselors are located conveniently to your school or home.
- 24 hour per day, 7 day per week, toll-free access to mental health professionals.

## On-Line Resources

- To access the on-line services, please go to [www.espyr.com](http://www.espyr.com) and log in using your password: **atltech1**
- The website offers educational screenings, assessments, videos, quizzes, courses, articles, financial calculators, child and eldercare service locators and much more. You may even confidentially request SAP services from the site. Topics covered include:
  - Emotional Wellbeing
  - Relationships
  - Health and Wellness
  - Financial
  - Legal
  - Personal and Professional Growth
- Monthly webinars
- ESPŶR app provides 24/7 access to resources including requesting services. Download the free app from Apple Store or the Google Play Store. Your code is: **atltech1**